



## CK (Conductive Keratoplasty) Pre and Post-Operative Instructions

The CK procedure itself should be relatively painless, however, a mild to moderate amount of burning, stinging, scratchiness, and light sensitivity will likely follow your procedure for the first 24 to 48 hours. Your should expect you vision to improve over a period of days to weeks, it may not be satisfactory in the early stages.

As with any outpatient surgical procedure, we rely on our patients to be active participants in managing recovery. It is very important to read this information and follow the instructions to maintain your eye health, visual comfort and ensure the best possible outcome from the procedure.

### Pre-Operative Instructions

1. You will need a driver to drive you home on the day of your procedure.
2. No need to stop your routine medications.
3. **LADIES:** No eye make-up on the operative day. No ponytails or hair clips.
4. Wear comfortable clothing.

The day after your procedure, we will contact you by telephone to find out how you are doing. You do NOT need to come in to the office the day after your procedure.

### CK Post-Operative Instructions

1. Drops/Medications:

**Predniselone Acetate 1%:** 1 drop to the operated eye(s) every 4 times a day for 4 days.

**Zymar:** 1 drop to the operated eye(s) 4 times a day for 4 days.

**Artificial Tears:** 1 drop to the operated eye as often as needed.

**Comfort Drops:** 1 drop to the operated eye whenever it feels irritated. Do not use it more than once each hour and do not use it for more than 3 days.

#### **SEPARATE THE INSTILLATION OF ALL DROPS BY 5 MINUTES!**

2. No rubbing the operated eye(s) for the first 3 days
3. No eye make-up to the operated eye(s) for the first 3 days.
4. Goggles are not mandatory. If you are concerned about eye rubbing during the night, please feel free to wear the goggles during the first 3 days following your procedure.
5. Use the provided sunglasses at least for the first 1-2 weeks following your procedure.
6. No swimming or hot tubs for 1 week following your procedure.

Please call our office at (512) 327-9913 if you have any questions. Emergency numbers will be provided by our answering machine if you have an emergency after hours.